## **VARSITY & JV BASKETBALL OPEN TRYOUT INFORMATION**

WHEN: Oct. 26<sup>th</sup> and Oct. 27<sup>th</sup> at 6:00am (*Don't be late*)

WHERE: Main Gym at Coppell High School

**REQUIREMENTS**: Signed up on the Google Form

Completed UIL Athletic Physical submitted online to Rank One before tryouts.

Eligibility check - Passing all classes (no excuses/no explanations).

Workout clothes and shoes.

WHAT TO EXPECT: We will be conducting a full-scale basketball workout for 90 minutes involving full

and half court drills that will involve offensive and defensive concepts, rebounding,

ball handling, shooting, and finishing through contact as well as other skills.

Extensive conditioning will be involved as well.

After the first two days of tryouts, you will be notified through email of our decision. We may ask that you come for a third day of tryouts and workout with the current roster on Saturday, Oct. 28<sup>th</sup>. If you are selected to the basketball program your schedule will be changed to the athletic period for 1<sup>st</sup>/5<sup>th</sup> periods

each day.